



iHERE

FOLLOW US ON



Digital HEalth LiteRacy Education For Vulnerable Groups



Our mission is to support individuals from different walks of life to learn how to seek, find, understand, and appraise health information from electronic sources and apply the knowledge gained to addressing or solving their health problems together with their healthcare professionals.

The iHERE is a digital health training course that considers the needs of learners from disadvantaged backgrounds, but is addressed to everyone who wants to improve their digital health skills.

Our primary beneficiaries are (a) migrants/refugees, (b) older adults and (c) people from low socioeconomic backgrounds, living in poverty and at risk of social exclusion.

The iHERE Open Learning Platform



Relevant & Credible Content

Content developed by experts in health promotion and public health issues that support vulnerable populations.



Flexible Schedule

Study on your own time via the mobile app or desktop application. Follow your progress and learn on-the-go via the mobile app.



Networking & Collaboration

Keep in touch and collaborate with your peers using internal communication tools.



<https://ihere-digitalhealthed.eu/>



Benefits of the iHERE program

- Enhance the ability to search, find, understand, and evaluate health-related information from electronic sources (digital health literacy), apply this knowledge to health situations, therefore lead healthier lives.
- Create education opportunities for health promotion, health care & prosperity, wellbeing attitudes, EU security in healthcare systems delivery.
- Reduce misinformation and health inequalities between learners with disadvantaged backgrounds.
- Compose value and context in the policy field of health promotion and prevention/prolepsis for a shift in the way the vulnerable groups should be addressed for their effective Health Care and Literacy and bridging healthcare inequalities.
- Infusion of a culture of wellbeing and individual/social prosperity, health literacy and care at EU level.

Who are we?

We are 8 organizations from 6 European countries with experience in multidisciplinary research and solutions for public health issues that support vulnerable populations. We specialize in health promotion via social awareness, education and skills development, all of which foster positive impact at a local, national and international level.



Co-funded by the
Erasmus+ Programme
of the European Union



The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Project number: 2020-1-BE02-KA204-074827

