

Digital HEalth LiteRacy Education for Vulnerable Groups: the iHERE project

Press Release, January 2022

i-HERE's main aim is the direct access of the socially vulnerable groups into healthcare services and health promotion information through the familiarization of digital sources and tools in order to ensure health improvement, disease prevention, medication adherence in a meaningful way and through the provision of needs and gaps tailored tools and training.

In November 2021, the 1st year of the project's development was completed, under a fruitful cooperation among the 8 partners of the consortium from 6 European countries (Erasmus Brussels University of Applied Sciences and Arts – Belgium, Akademie Klausenhof – Germany, Tiber Umbria Comett Education Programme – Italy, Universitat de València - Spain, Centre for Social Innovation - Cyprus, Research and Education in Social Empowerment and Transformation – Cyprus, Xenios Polis and the Institute Prolepsis- Greece).

In *the 16th-17th of December*, all partners met together, in the context of *the 2nd Transnational Project Meeting (TPM)*. The TPM was initially scheduled in presence in Greece, hosted by Xenios Polis, nevertheless, the Covid-19 restrictions did not permit, finally, a face-to-face meeting. The TPM aimed to partners' interaction, with the intention to facilitate the reflection on activities and results at each key stages of development. As a consequence, the consortium discussed in an efficient way the main tasks on the project, those that have already been completed, the current tasks, and the further steps during the 2nd year of the development.

More specifically, Xenios Polis, as the hosting partner of the project, welcomed the consortium, through special intro information about Lavrio, the town in which the office of Xenios Polis is located, while new members of the project's partners were presented. Subsequently, the partner Erasmus Brussels University, as the overall coordinator of the project, provided an update on developments with the project during its 1st year. The partners reflected on their experiences in the development of the learning materials and resources, especially on intellectual outputs 1 and 2 (IOs 1-2). Additionally, during the 2nd day, the partners set a wide discussion on the dissemination and evaluation of the project, indicating the importance, mainly in the dissemination of the i-HERE outcomes. At the end of the first day, Xenios Polis developed an open discussion about health application and the digital health, in the context of promotional videos:

What is Digital Health? <https://www.youtube.com/watch?v=Gtl-cuwwqXQ>

&

How the COVID pandemic exacerbated vulnerabilities for people with disabilities | COVID-19 Special https://www.youtube.com/watch?v=R2w_fpPg7Lg

✓ ***What has been completed so far?***

The consortium of i-HERE project has worked on the intellectual output 1 (IO1), under the instructions of the responsible partner PROLEPSIS. So far, the Final Report of IO1 presents the results from a literature review which was conducted by all partners. More specifically, the report includes useful information as regards the profile of the each country, contributing to the project, emphasizing on the migrant and refugee population, older adults and people from low socioeconomic groups and living at risk of poverty.

✓ ***Next steps...***

Next project meeting will be organized during March 2022, while all partners are working intensively on the finalization of the curriculum (IO2) and the handbook (IO3) of the project.

✓ ***Communication Network***

For more information, visit the website of the iHERE project at the following link: <https://ihere-digitalhealthed.eu/> or the iHERE's webpages on social media:

Facebook: <https://www.facebook.com/ihereproject/>

Linkedin: <https://www.linkedin.com/company/ihere-eu/>

